

## 首届 CAET 创造性艺术教育与治疗世界论坛 (CAET-WF 2019) 艺术疗愈灵魂-融合东西方智慧



时间：2019年9月29 - 10月7日

地点：北京

主办方：亿派学院/CAET 期刊，北京师范大学/应用戏剧及表达性艺术教育研究中心，北京舞蹈学院/中国舞蹈科学研究中心

为了进一步推动促进中国和世界艺术教育与治疗事业的发展和人类的福祉，增强东西方学术交流、平等对话与交流合作，帮助中国学者“走出去”，亿派学院/CAET 国际学术期刊及北京师范大学应用戏剧及表达性艺术教育研究中心，北京舞蹈学院/中国舞蹈科学研究中心联合国内外合作伙伴，将于2019年9月29日至10月7日在北京举办首届世界创造性艺术教育与治疗论坛 (CAET-WF 2019)。本届论坛将以“艺术疗愈灵魂-融合东西方智慧”为主题重点关注中国和世界创造性及表达性艺术治疗和身心学教育。来自海内外300多位行业领军人物、专业同行及用人单位代表将齐聚北京，通过主题论坛、研讨会、大师班、工作坊、圆桌会议、艺术展演等形式探讨和分享此领域的最新前沿发展。部分场次将通过合作平台在中国和国外进行大规模现场直播或者录播。世界表达性艺术的奠基人之一，全球行业领袖，美国莱斯利大学的 [Shaun McNiff](#) 教授 (CAET 期刊主编) 将亲临此次论坛。参会者将参与和亲身体验到基于人文关怀并极具艺术美学享受和震撼的盛宴。CAET 世界论坛将在中国和欧洲/美洲通过与国内外知名大学、健康医疗及艺术教育机构合作的形式轮转举办。

CAET-WF 2019 部分精彩内容：

- 艺术治疗主题演讲及体验式工作坊
- 国际拉班及身心学研讨会暨亚洲拉班动作研究协会圆桌会议
- 舞蹈与身心学专场
- 原生艺术专题研讨会及艺术展览
- 舞动帕金森认证培训
- 海外艺术教育及艺术治疗专业图书期刊联展
- 艺术教育与治疗专题影片展演
- 国际认证动作分析师 (CMA)，舞蹈治疗师，创意舞动导师授证仪式

支持协作单位：中国心理学会临床与咨询心理学专委会艺术治疗学组，糖心理，国家开放大学艺术专委会，复旦大学附属中山医院，南京欧葆庭仙灵国际颐养中心，苏州大学艺术学院

## 主办方介绍

### 亿派学院

亿派学院是一个国际性的培训及研究机构，下属于亿派教育集团，是中国创造性艺术治疗学科的推动者和引领者之一。学院与美国拉班-芭特妮芙动作研究院(LIMS®)合作的拉班动作研究认证项目是亚洲首个。舞蹈动作治疗认证项目完全符合美国舞蹈治疗协会侧类途径培训的所有标准。此外,学院还拥有创意舞动（嘉力文技法®）和舞动帕金森认证项目（DfPD®）。亿派拥有自己的国际学术期刊《创造性艺术教育与治疗-东西方视角》CAET，并翻译出版了舞蹈治疗和拉班动作研究的专著。<https://www.inspirees.com>

### CAET 期刊

《创造性艺术教育与治疗-东西方视角》Creative Arts in education and Therapy (CAET)是一本创新型开源国际专业学术期刊，针对的读者是将创造性和表达性艺术整合运用到工作中的艺术家、教育人士和治疗师。期刊着重于对西方和东方（特别是中国）视角、理论应用和实践结果的讨论，致力于促进东西方跨学科、跨文化的对话与交流，支撑创造性艺术教育与教育、治疗、心理学、医学和其它相关领域的合作和研究。CAET 期刊由两位联合主编---Lesley 大学 Shaun McNiff 教授和欧洲研究生院 Stephen Levine 教授指导。编委会由 50 位国际领先的表达性艺术和专家组成。目前包括中国国家图书馆、荷兰皇家图书馆、中国中央音乐学院、中国美术学院、华东师范大学在内的学术机构都订阅了 CAET 期刊。<http://caet.inspirees.com/>

### 北京师范大学/应用戏剧及表达性艺术教育研究中心

北京师范大学应用戏剧与表达性艺术教育研究中心（Applied Drama and Expressive Arts Education Research Center）于 2015 年成立，是目前国内唯一一个专门从事应用戏剧与表达性艺术教育的学术机构。中心依托北师大教育、心理学科优势与特色，整合国内外应用戏剧、表达性艺术教育的学术资源，开展学术交流与合作、研究与实践，推进应用戏剧与表达性艺术教育领域的学科发展、人才培养和实践应用。

### 北京舞蹈学院/中国舞蹈科学研究中心

北京舞蹈学院中国舞蹈科学研究中心（Research Center for Chinese Dance Science）于 2018 年正式成立，是目前国内唯一一个专门从事舞蹈科学研究的学术机构。中心依托北舞舞蹈科学的优势与特色，汇集校内外相关学术力量，开展国内外学术交流与合作，研究舞蹈科学领域的重要前沿性学术问题，以期成为国内一流、国际上有重要影响的跨学科、综合型、开放式的学术科研平台。

## 日程安排 (不断更新中)

主题	时间	地点	活动内容	导师
会前工作坊	9月28-30日	待定	大师班：重塑舞者	Maurice Causey
	9月26-29日	北京舞蹈学院	编创大师班(马克莫里斯舞团剧目)	David Leventhal
北舞专场	9月29-30日	北京舞蹈学院	舞蹈与身心学专场	David/Karen
	9月29-30日	北京舞蹈学院	文艺汇报演出	David/Maurice
大会 (主)	10月1日	北京师范大学	大会主题发言	
			艺术疗愈灵魂：全球视角	Shaun McNiff
			舞蹈治疗的核心与灵魂	Joan Wittig
			原生艺术在中国的应用与发展	郭海平
			变化与恒定主题二元性——创新与传统之间的悖论与张力	Karen Studd
			中国戏剧教育：传统与创新	马利文
			基于人性关怀的健康管理 - 舞动帕金森	David Leventhal, 王含
			创意舞动从西方到东方：数字时代通用语言	Marcia Plevin
			CAET：科学家的艺术视角与旅程	周宇
专家讨论，文艺酒会及派对	全体			
大会 (分)	10月2日	待定	分会场 1：拉班及身心学/大师对话 - 东西方身心与艺术	Karen Studd, Cat Maguire, 万素, 拉班亚洲联盟代表, 中国学员
		待定	分会场 2-1：绘画治疗大师班	Shaun McNiff
		待定	分会场 2-2：原生艺术展览；艺术影片展映	郭海平/孟沛欣等
		待定	分会场 3：舞动帕金森体验式工作坊+督导	David Leventhal
大会 (分)	10月3日	待定	分会场 4-1：艺术治疗实践应用专场：教育	全体
			分会场 4-2：艺术治疗实践应用专场：社区	
			分会场 5-1：艺术治疗实践应用专场：医院	
			分会场 5-2：艺术治疗实践应用专场：企业	
授证仪式；大会闭幕				
会后工作坊	10月4-7日	待定	拉班及身心体验式大师班	Karen Studd
		待定	舞蹈治疗体验及督导 (成人及儿童亲子/孤独症等/含神经生物学理论)	Joan Wittig, Christina Deveraux
		待定	戏剧治疗整合应用及疗愈工作坊	Stephen Breithaupt

备注：分会场活动和会后工作坊将在不同的教室同时进行，请参会者在报名时注明选择的场次。

## 受邀参会嘉宾（不断更新中）

- McNiff Shaun（美国）：Lesley 大学教授，世界表达性艺术治疗奠基人，CAET 期刊主编
- Joan Wittig（美国）：Pratt 学院艺术治疗系副教授，美国舞蹈治疗协会伦理专委会主席，亿派学院舞蹈治疗项目总监
- Marcia Plevin（意大利）：创意舞动嘉力文技法®创始人，意大利创意舞动协会主席，亿派学院创意舞动项目总监
- 郭海平（中国）：中国原生艺术领军人物，南京原生艺术工作室创始人
- Karen Studd（美国）：世界拉班动作分析及身心教育专家，亿派学院拉班项目总监
- David Leventhal（美国）：舞动帕金森(DfPD®)创始人，亿派学院舞动帕金森项目总监
- 马利文（中国）：北京师范大学应用戏剧及表达性艺术教育研究中心主任，副教授，教育学博士
- Christina Deveraux（美国）：美国爵硕大学舞蹈治疗项目培训主管，临床心理学博士，美国儿童舞蹈治疗及自闭症领域专家
- Zvika Frank 兹维卡（荷兰）：舞蹈治疗专家，中国舞蹈治疗的开创先锋之一
- 陈婷（中国）：同济大学艺术与传媒学院舞蹈专业创办人、专业主任、教授、硕士生导师；英国皇家舞蹈学院驻中国首席代表；教育部高等学校音乐与舞蹈学类专业教学指导委员会委员；英国皇家舞蹈教师协会院士；英国皇家舞蹈学院教育委员会委员
- 王含（中国）：北京协和医院神经内科副主任医师，副教授，中华医学会神经病学分会帕金森病和运动障碍病学组秘书
- 周宇（中国）：生物医学博士，亿派学院创始人及院长，CAET 学术期刊创刊人及执行主编，北京师范大学艺术与传媒学院客座教授，中国心理学会临床与咨询心理学专委会艺术治疗学组组长
- 张平（中国）：北京舞蹈学院教授及研究生导师、学术委员会荣誉委员，中传锦绣董事兼执行总经理
- 万瑛（中国）：武汉音乐学院音乐教育学院副院长、副教授、音乐心理与治疗方向硕士生导师，武汉音乐学院心理健康教育中心主任和音乐治疗实验室中心负责人
- 王尔东（中国）：苏州大学艺术学院党委书记，中国心理卫生协会团体心理辅导与治疗专委会委员、副秘书长，心理剧学组组长、表达性艺术治疗学组副组长，中央电视台《心理访谈》栏目心理专家
- 孟沛欣（中国）：中央美术学院艺术心理学副教授，北京师范大学心理学博士，CAET 国际学术期刊中方编委。中国心理学会临床与咨询心理学专委会艺术治疗学组副组长。
- Cat Maguire（美国）：拉班动作分析及身心教育、人工智能领域专家。美国伊利诺斯大学人工智能研究中心高级顾问

- 陈蕙静（中国）：音乐治疗博士，中国科学研究院心理所助理研究员，中国心理学会临床与咨询心理学专委会艺术治疗学组副组长，CAET 国际学术期刊中方编委
- 彭勇文（中国）：上海戏剧学院艺术教育副教授，硕士导师，上海朗诵协会理事，中国心理学会临床与咨询心理学专委会艺术治疗学组副组长，美国诗歌治疗协会会员，CAET 国际学术期刊中方编委
- 周显宝（中国）：厦门大学艺术学院教授，学术委员会主任
- 董放，华东师范大学教育学部艺术教育专业主任，副教授，硕士研究生导师，上海音乐家协会儿童音乐专业委员会主任，CAET 国际学术期刊中方编委
- 霍蕾（中国）：华南理工大学艺术学院副教授，硕士研究生导师
- 虞双双（中国）：糖心理创始人及 CEO
- 刘明明（中国）：中央音乐学院音乐学系副教授，音乐治疗中心主任，CAET 国际学术期刊中方编委
- 郝滨（中国）：北京阿尼玛心理咨询中心首席专家，中国心理学会注册督导师
- 邢珊珊（中国）：南京欧葆庭仙林国际颐养中心院长
- 侯莹（中国）：旅美舞蹈艺术家、编舞家、侯莹舞蹈剧场创始人兼艺术总监。美国舞蹈节-中国艺术总监
- 刘静（中国）：上海体育学院教授、博士生导师，传统养生与健康促进专业方向带头人
- 隋嫚秋（中国）：北京大学精神病与精神卫生专业博士，精神卫生专业主治医师，中国心理学会临床与咨询心理学专委会艺术治疗学组副组长

## 学术顾问委员会

- McNiff Shaun：美国 Lesley 大学教授，世界表达性艺术治疗奠基人，CAET 期刊主编
- 季建林教授，复旦大学附属中山医院临床心理科主任
- 邵明，四川省八一康复中心院长，神经病学博士，神经内科教授，中华医学会帕金森病与运动障碍病专委会主任
- Karen Bradley，拉班芭特妮芙动作研究院(LIMS)现任主席，前马里兰州大学舞蹈系教授
- 贾晓明：北京理工大学人文社会科学学院教授，博士生导师，中国心理学会临床与咨询心理学注册工作委员会委员
- 温柔：北京舞蹈学院科研处处长，教授，博士，舞蹈科学专家，中国艺术医学学会常务副会长兼秘书长，中国医体整合联盟副理事长，中国舞蹈科学研究中心主任



## 分会场候选发言（不断更新中）

1. Cat Maguire（美国）：拉班芭特妮芙动作体系在人工智能中的前沿应用
2. 周玟汐（中国香港）：舞蹈治疗的本土化实践 — 从专业舞者到治疗师
3. 杨先勇（新加坡）：拉班在身心教育中的创新实践和应用
4. 金兰洋（韩国）：韩国大学体系中的舞蹈治疗学科建设
5. 陈华（中国）：中国医院系统中的身心治疗实践
6. 张纹珑（中国台湾）：应用戏剧在华人特殊需求场域的实践
7. 彭琳/邢珊珊（中国）：舞蹈治疗/创意舞动在专业养老机构中的实践应用
8. 沈妍（中国）：如何做好身心专业课程的口译工作
9. 林琳（中国）：舞蹈治疗在特殊儿童中的实践应用
10. Karen Bradley（美国）：拉班用于具身化领导力培训
11. 余静（中国）：企业大舞动团体的带领
12. 杨琇玲（中国台湾）：身心治疗及舞蹈治疗中的督导
13. 彭勇文（中国）：整合性诗歌疗愈
14. 陈蕙静（中国）：音乐治疗师与舞蹈治疗师的同辈督导
15. 郝滨（中国）：精神分析与艺术身心治疗
16. 王尔东/胡华（中国）：抑郁症团体的表达性艺术干预研究
17. 刘静（中国）：太极与身心治愈
18. 伊可（中国）：媒介-共生-互动艺术与疗愈
19. 牛小娜（中国）：音乐治疗在进食障碍患者中的应用案例分享
20. 罗光丽（中国）：表达性艺术治疗在 EAP 与人力资源管理延融发展中的作用研究

## 参会费

模块一：会前大师班及专场

- 重塑舞者（9.28-30日）：3000元
- 编创大师班/马克莫里斯舞团剧目（9.26-29日）：3200元（仅3个名额）

模块二：大会，主会场（10月1日）：600元

模块三：大会，分会场（10月2-3日）：1200元/天，亿派学员900元/天，发言学员500元/天(发言当天)

模块四：会后专家工作坊（10月4-7日）：6000元

#### 福利及优惠

- 同时报名2个模块9折优惠；同时报名3个及3个以上模块8折优惠（模块三分会场亿派学员和发言学员可在原优惠价格基础上再享受折扣优惠）
- 早鸟价格：单独报名以上所有项目9折优惠（2019年4月1日前注册，工作坊名额有限，以缴费为准，报满即止），早鸟同时赠送CAET在线讲座任何一个模块（价值650-1280元）。

#### 福利赠送

- 亿派鸿鹄俱乐部金卡会员（<https://www.inspirees.com/zh/institute/become-member>）可凭代金券参加10月1日主会场活动。详情参见亿派鸿鹄俱乐部会员细则。
- 重塑舞者：亿派舞蹈治疗/创意舞动/拉班/舞动帕金森每个专业一个免费名额（需注册参加10月1日主会场全天活动）。

注册网站：<https://inspirees.eventbank.com/event/caet-world-forum-8856/>

#### 对外招商

2019年CAET世界论坛接受企事业及基金会的赞助，并欢迎艺术教育、艺术治疗及心理咨询及治疗相关的医疗健康，教育培训，学术信息服务和社会服务机构及行业协会在大会期间设立展台。CAET世界论坛作为行业内的高端和国际化的盛会，与CAET国际学术期刊及世界最大规模的CAET在线论坛将在中国和世界范围为贵机构有效地提升品牌。有意合作的企业机构请与组委会取得联系。第一届CAET世界论坛于2019年在北京举办。第二届论坛计划于2020年在欧洲举办。

CAET世界论坛 <https://inspirees.eventbank.com/event/caet-world-forum-8856/>

CAET国际学术期刊 <http://caet.inspirees.com>

CAET在线论坛 <https://inspirees.eventbank.com/event/8855>

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# HEALING SOUL THROUGH ARTS CONNECTING EASTERN AND WESTERN WISDOM

PRESENTED BY:

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Inspirees Institute,  
Beijing Normal University &  
Beijing Dance Academy

WITH VARIOUS SECTIONS OF:

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The keynotes, Presentations, Workshops,  
Roundtable Meetings, Art Exhibition &  
Performances

Sept 29-Oct 7, 2019  
Beijing, China

CAET Journal, Inspirees Institute

in partnership with Beijing Normal University, Beijing Dance Academy Present

## **Creative Arts Education and Therapy (CAET) World Forum**

### **Healing Soul through Arts - Connecting Eastern and Western Wisdom**

Sept 29 - Oct 7, 2019

Beijing, China

Inspirees Institute, *Creative Arts Education and Therapy (CAET)* - open access journal, in collaboration with the Applied Drama and Expressive Arts Education Centre/Beijing Normal University, China Dance Research Center/Beijing Dance Academy and Chinese Group of Arts Therapy/Chinese Psychological Society, present the first Creative Arts Education and Therapy World Forum in October 2019 in Beijing, China.

The mission of the Forum is to establish a platform to further communication, dialog and cooperation between the East and West regarding the arts in therapy, education and human understanding. The theme of the Forum 2019 is *Healing Soul through Arts - Connecting Eastern and Western Wisdom* which responds to the challenges for the world and the calls for leadership amidst great swathes of conflict. Our societies manifest a need for healing. The West is looking to the East again for time-proven wisdom and inspiration as it did a century ago. And China, after opening up and letting many things flow in from the outside, has started to reflect on the Western influences and its own traditions and values. The keynotes, presentations, workshops, roundtable meetings, art exhibition and performances at the Forum will highlight the development of arts education and therapy in China and the world. About 300 participants from China and overseas are expected. Professor [Shaun McNiff](#), one of the founders of expressive arts therapy, co-editor-in-chief of *CAET*, will deliver the keynote at the forum. This is an excellent opportunity to present your work and to network with Chinese and international colleagues.

The CAET World Forum rotates between China/Asia, Europe and America in partnership with well-established universities and institutes.

### **Who is the conference for?**

Arts educators, performing artists, creative and expressive arts therapists, psychologists, medical professionals, researchers, policy makers, consultants and body/mind (somatic) practitioners.

## Presenters

Dr Christina Deveraux (USA), Zvika Frank (The Netherlands), Haiping Guo (China), David Leventhal (USA), Dr Liwen Ma (China), Cat Maguire (USA), Prof. Shaun McNiff (USA), Marcia Plevin (Italy/USA), Karen Studd (USA), Joan Wittig (USA), Dr Tony Yu Zhou (China)

## Keynotes & Presentations

- **Healing Soul through the Arts - Global Perspectives**  
*Prof. Shaun McNiff, Lesley University (USA)*
- **Outsider Arts in China: Applications and Development**  
*Haiping Guo, Nanjing Outsider Art Studio (China)*
- **Dance as lifeline: Inspiring movement and well-being through Dance for Parkinson's**  
*David Leventhal, Mark Morris Dance Group (USA)*
- **Educational Drama in China: Tradition and Innovation**  
*Dr Liwen Ma, Beijing Normal University (China)*
- **The Choreography of Technology: Laban/Bartenieff Movement System and Expressive Robots**  
*Cat Maguire, Laban/Bartenieff Institute of Movement Studies (USA)*
- **From West to East Creative Movement: A Universal Language in a Digital age**  
*Marcia Plevin, Creative Movement Association (Italy/USA)*
- **Thematic Duality Change and Constant - the Paradox and Tension between Innovation and Tradition**  
*Karen Studd, Laban/Bartenieff Institute of Movement Studies (USA)*
- **The Soul and Essence of Dance Therapy**  
*Joan Wittig, Pratt Institute (USA)*
- **CAET: A Scientist's Perspectives and Journey**  
*Dr Tony Yu Zhou, Inspirees Institute (China/The Netherlands)*

## Master class & workshop

- **The Movement Basis of Expression in Arts Therapies**  
*Prof. Shaun McNiff, Lesley University (USA)*
- **Dance for Parkinson's**  
*David Leventhal, Mark Morris Dance Group (USA)*
- **The Body as Basis: Experiencing the Anatomical Infrastructure of the Human Design**  
*Karen Studd (USA)*

## Program

Program	Date	Topic	Presenters
Pre-conf workshop	Sept 28-30	Contemporary dance theater master class	Maurice Causey
	Sept 26-29	Contemporary dance workshop (Mark Morris Dance Group Repertoire)	David Leventhal
Conference	Oct 1	Keynotes and presentation	
		Healing Soul through the Arts - Global Perspectives	Shaun McNiff
		The Soul and Essence of Dance Therapy	Joan Wittig
		Outsider Arts in China: Applications and Development	Guo Haiping
		Thematic duality Change and Constant - the paradox and tension between innovation and tradition	Karen Studd
		Educational Drama in China: Tradition and Innovation	Ma Liwen
		Dance as lifeline: Inspiring movement and well-being through Dance for Parkinson's	David Leventhal, Wang Han
		From West to East Creative Movement: A Universal Language in a Digital age	Marcia Plevin
		CAET: A Scientist's Perspectives and Journey	Tony Zhou
		Panel discussion, Awarding ceremony, Gala	
Conference	Oct 2	Presentation and workshop: Laban/Bartenieff and somatics.	Karen Studd, Cat Maguire et al.
		Master Workshop: The Movement Basis of Expression in Arts Therapies	Shaun McNiff
		Exhibition: outsider arts in China; Art film	Guo Hai-ping et al.
		Workshop: Dance for Parkinson's Disease	David Leventhal
Conference	Oct 3	Workshop & Presentation: arts therapy in education	Marcia Plevin, Joan Wittig, Christina Deveraux et al.
		Workshop & Presentation: arts therapy in community	
		Workshop & Presentation: arts therapy in clinical	
		Workshop & Presentation: arts therapy in corporate	
Post-conf workshop	Oct 4-7	Workshop: The Body as Basis: Experiencing the Anatomical Infrastructure of the Human Design	Karen Studd
		Workshop: dance/movement therapy with adults and children - practice and supervision	Joan Wittig, Christina Deveraux
		Workshop: Stepping Between Movement and Portrayal-Combining Drama and Dance Therapy	Stephen Breithaupt

An updated program can be found on the Forum's website

<https://inspirees.eventbank.com/event/caet-world-forum-8856/>

## Invited speakers

### Shaun McNiff, Lesley University (USA)



Professor Shaun McNiff has a significant international following. He is author of *Imagination in Action*; *Art as Research*; *Trust the Process*; *Art as Medicine*; *Art Heals*; *Depth Psychology of Art*; and numerous other books. His works are translated into many languages and he has lectured and taught throughout the world. In 1998 he wrote *Art-Based Research* documenting his work with artistic knowing beginning in the early 1970s and the book helped spur the fast growth of the discipline. The recipient of numerous honours and awards Shaun McNiff was appointed as the first University Professor at Lesley University, USA, in 2002.

### Joan Wittig, Pratt Institute (USA)



Joan Wittig is the co-founder and former Director of the Graduate Dance/Movement Therapy Program at Pratt Institute in New York City, where she continues to be a full time faculty member. Wittig developed, implemented, and is the Program Director of the first dance/movement therapy training program in China from Inspirees Institute, and is co-founder and Director of the New York Center for the Study of Authentic Movement. She has contributed to several journals and books, including the first book on creative arts therapy published in Japanese. Wittig is the subject of a film on dance/movement therapy, “Moving Stories - Portraits of Dance/Movement Therapy”. She has received an Outstanding Service Award and an Exceptional Service Award from the American Dance Therapy Association. She is currently serving as the Chairperson of the ADTA Standards and Ethics Committee. Wittig teaches and presents internationally, and has a private practice in New York City.

### Marcia Plevin, Creative Movement Association (Italy)



Marcia Plevin’s background has taken her from performing artist, choreographer and dance teacher in New York city, to Italy where, she studied to become a board certified dance movement therapist (DMT), an American board certified counselor and Italian psychologist, to pioneering DMT in Italy, Finland and Turkey. Co-founder in 1993 of the training program Creative movement- method Garcia-Plevin, the book which describes the training, *Creative Movement and Dance* has been published in Italian, French and English. She received DMT training from Art Therapy Italiana in collaboration with Goldsmith College, University of London with a certification of art psychotherapist. She is a senior faculty member and supervisor for the Institute of Expressive Arts Psychotherapy, Art Therapy Italiana. Clinical practice in the past 20 years has been with patients recovering from substance abuse, adult psychiatric patients and with hemo-oncological unit patients on the pediatric unit of the Vatican children’s hospital. Authentic Movement teacher and trainer she has

begun and followed groups in Italy, Finland and Turkey. Marcia is a recent member of the faculty of Inspirees DMT programs in China.

#### Karen Studd, LIMS (USA)



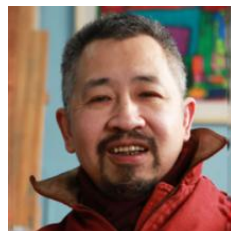
Studd is also a Registered Somatic Movement Therapist and Registered Somatic Movement Educator through ISMETA (International Somatic Movement Education and Therapy Association). For over twenty years Studd has served as a Program Coordinator and has taught in LBMS training programs in the US, Canada, Europe, Mexico and Israel. As a teacher of Movement Analysis she is focused on personal and professional development through movement. Although she came to the Laban/Bartenieff work through the art of dance, Studd sees herself as movement educator/artist, and dance as a highly specialized area of application within the larger body of knowledge that is movement itself. Her interest is in the understanding of the importance of human movement across all disciplines.

#### Liwen Ma, Beijing Normal University (China)



Prof. Ma holds a doctoral degree in philosophy. She is an associate professor at the Institute of Educational Psychology and School Counseling, the founder and director of Applied Drama and Expressive Arts Education Research Center, Faculty of Education, Beijing Normal University. Her research fields are Applied Drama/Theatre, Expressive Arts Education, Mental Health, and Action Research. Prof. Ma is a member of the International Editorial Board for the Journal of Creative Arts Education and Therapy: - Eastern and Western Perspectives; a member of the Chinese Arts Therapy Group of Chinese Psychological Society; and a member of International Drama and Education Alliance (IDEA). She is committed to promoting the development on mental health through drama/theatre and expressive arts; and the personal and organizational development of self - awareness, critical reflection, and active development.

#### Guo Haiping, Nanjing Outsider Arts Studio (China)



Guo is a contemporary artist, the pioneer of Chinese Outsider art, the founder of Nanjing Outsider art studio and the chief editor of Outsider art Series. He devoted himself to the discovery and research of Outsider art of people with mental disturbance for changing the environment of Chinese culture. He established the first art institute for the mental patients in 2010 and established two Outsider art studios in the community of Jianye District and the community of Gulou District in Nanjing. His books include Out of the maze of mind, Sunbathe: art projects of 20 years, I am sick, therefore I am, Notes of Outsider art in China.

### Tony Yu Zhou, Inspirees Institute (China)



Dr. Tony Yu Zhou holds a doctoral degree in biomedical sciences and has been working and living in China and Europe for many years. Though trained as a scientist, he has been greatly intrigued by modern dance and dance therapy since 2002 and has played an important role in driving the development of dance therapy in China. Dr. Zhou served on an international advisory board for the journal *Body, Movement and Dance in Psychotherapy*. He founded Inspirees Institute and *Creative Arts Education and Therapy - Eastern and Western Perspectives*, the international journal. He is also a certified movement analyst (CMA) trained by Laban/Bartenieff Institute of Movement Studies in New York. Dr. Zhou is the team leader for the Chinese Group of Arts Therapy, Chinese Psychological Society, Guest Professor of Beijing Normal University, and co-founder and core member of World Alliance of Dance Movement Therapy.

### David Leventhal, Mark Morris Dance Group, Dance for Parkinson's (USA)



David is a founding teacher and Program Director for Dance for PD®, a collaborative program of the Mark Morris Dance Group and Brooklyn Parkinson Group that has now been used as a model for classes in more than 250 communities in 25 countries. He leads classes for people with Parkinson's disease around the world and trains other teachers in the Dance for PD® approach. Since 2007, he has trained more than 600 teachers in the Dance for PD® approach in 25 cities around the world. He received the 2016 World Parkinson Congress Award for Distinguished Contribution to the Parkinson's Community and was a co-recipient of the 2013 Alan Bonander Humanitarian Award from the Parkinson's Unity Walk. He is in demand as a speaker at international conferences and symposiums. As a dancer, he performed with the Mark Morris Dance Group from 1997-2011 as principal role. He received a 2010 Bessie (New York Dance and Performance Award) for his performing career with Mark Morris. He graduated from Brown University with honors in English Literature.

## Presentation

### Keynote: Healing Soul through the Arts - Global Perspectives

Prof. Shaun McNiff

### From West to East Creative Movement : Keeping Our Bodies Alive in a Digitized Age

Marcia Plevin

Creative Movement (CM) training came to China through the bodies of its teachers. The journey to the East has brought CM into different countries. Each culture's attitudes towards the body/mind/ soul and spirit has colored, given life, and form to individual and group creative processes which has, in turn,

shaped and affected the teachers. The Eastern journey of CM has been accompanied by a global phenomenon, the advent of digital technology which affects the body and relationships between bodies. What does direct experience, vital to healing with the arts, mean in our own bodies and between bodies with the use of digital mediums? Has the body been both "lost" and "found" in this time? How do the art therapy, somatic and creative movement practices respond to this phenomena and what is the role they may have in keeping the body alive and creative in this digitalised age?

### **Presentation: Dance as lifeline: Inspiring movement and well-being through Dance for Parkinson's**

David Leventhal

Dance for PD®, a global program launched in 2001, offers specialized dance classes to people with Parkinson's, their families, friends and care partners in New York City and through a network of affiliates in more than 300 communities in 25 countries around the world. Dance for PD classes allow people with Parkinson's to step out of a medicalized identity and experience the joys and benefits of dance while creatively addressing symptom-specific concerns related to balance, cognition, motor skill, depression and physical confidence. The unique Dance for PD teaching approach, grounded in the artistic elements of dance training, helps people with Parkinson's strategize, think creatively about their movement, and manage their condition with a sense of control, community and positive identity. Meanwhile, Dance for PD leverages innovative technology to make the program widely accessible and fosters cutting-edge research to measure the effects of dance on people with Parkinson's and to understand the mechanisms behind the program's efficacy. This presentation will provide a background on the framework, principles and methodology of one of the world's most successful arts-in-health programs and will make the case for the value of an artistic, community-based approach to fostering dignity, confidence and empowerment among those living with chronic neurological conditions.

### **Presentation: CAET - A Scientist's Perspectives and Journey**

Dr Tony Yu Zhou

How do scientists view art and appreciate its contribution to their work and eventually to the development of human beings? How do Chinese learn from the west and combine that with their cultural background to strengthen personal growth? Originally trained as a scientist in China, Dr. Zhou stepped into the art world during his research work in the Netherlands. This opened a new door for him to look at the universe and human being from different angle. In 2005 he started the journey of integrating science and art in his professional and personal life. Besides several international training programs he founded in China since 2010, in 2015 Dr. Zhou, with the support from his colleagues, established Creative Arts Education and Therapy (CAET) - Eastern and Western Perspectives, an international journal bridging China and the world and a platform for mutual dialogues and collaboration between East and West. To accomplish the mission, both creativity and determination are required. Dr. Zhou will share his professional and personal experiences for this adventurous journey navigating between the art and science domains with an international dimension and how he brings this to advance arts therapy in China.



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## **Presentation: Educational Drama in China - Tradition and Innovation**

Dr Liwen Ma

In contemporary China, national policies emphasize quality education and key competencies education. What kind of education can effectively implement national policies? What kind of educational pedagogy can be body-mind integral education, bringing vitality to school and classroom, and motivating the process of the whole-person development of students? What kind of education can also organically integrate Chinese traditional culture and the demands of today's social development?

In the past 20 years of over 100 years of modern drama in China, educational drama has been developed as a new field of applied drama. It can be used as a comprehensive form of art education for whole-person education to maximize the educational nature of drama in schools, classrooms, communities, and businesses. Prof. Ma is fortunate to be one of the pioneers in this field. In 2005, she was first involved in educational drama. Since 2007, she has carried out a series of experimental research in primary and secondary schools, as well as university, including teacher training, curriculum construction, and personnel training, and international exchanges. In 2015, Prof. Ma and her colleagues founded the Applied Drama and Expressive Arts Education Research Center, Beijing Normal University, dedicated to exploring the practice and theoretical construction of drama as an important form of education in Chinese culture context. Prof. Ma will share her practical experiences, current situations and problem analyses, and countermeasures and prospects for the development of educational drama in China.

## **Workshop**

### **Master class: The Movement Basis of Expression in Arts Therapies**

Prof. Shaun McNiff

Movement is approached as an accessible and reliable basis of artistic expression and integration with all media. With painting as a primary medium, the group will explore connections to other art forms and methods of practice which include the movement interpretation of images, rhythm, imaginal dialogue, performance, and vocal improvisation. Artistic expression in all media will be approached as a force of nature that is innate to each person and capable of being released and perfected in a supportive studio environment. Participants will explore how to relax controls and tendencies to judge and over-think, turn resistance into fuel for creation, express themselves more from the body than from mental expectations, open to the unexpected, and experience quality as personally unique, natural, and authentic expression. The studio will demonstrate how once activated and supported, the creative process will find its ways to where we need to go.

## **Dance for Parkinson's**

David Leventhal

This workshop is designed to provide dancers, teaching artists, therapists, social workers, geriatric specialists and allied health professionals with a comprehensive 'immersion' look inside the Mark Morris Dance Group's award-winning, research backed Dance for PD program in order to learn about our best practices and methods. Specially-created training modules and interactive sessions provide a wealth of information to attendees, who will also have the opportunity to participate in a demonstration Dance for PD class led by David Leventhal, one of the program's founding teachers. This workshop will address foundational topics in safety, group class structure, content creation, and the successful integration of music.

## **The Body as Basis: Experiencing the Anatomical Infrastructure of the Human Design**

Karen A. Studd

This workshop will focus on accessing the form of our human design through an experience of our skeletal anatomy and why this infrastructure is so profound. We will explore finding ease in the rhythms and sequencing of fundamental kinetic chains as well as some basic approaches in using “hands on work” in the process of facilitating a re-patterning process. Topics will include:

- How do the parts connect to the Whole? Body systems and tissues - skin, muscle, fluids, bones, organs, fascia - the orchestrated symphony of our anatomic harmony
- Why the skeletal emphasis?
- How to access to our length, our width and depth through the 3 dimensions of our living anatomy. The Space of being and doing and the balance of tensegrity
- Breathing and walking - the 2 Titans of connectedness and integration
- Synergistic actions of Rhythms and Phrasing
- Senses and sensing
- Touch - Intention communication
- Patterns of Body Organization - differentiation and integration in the relationship of parts/whole
- Access to weight and access to flow (being and doing in the personal and the universal baselines of the human movement experience)
- Gravity has a pull and a push - Thoracic Core and Pelvic Core and gravity and levity

## Fees

We have special price to encourage the participation of oversea participants (not living in China)

Module	Content	Standard fee	Reduction fee
Pre-conference workshop (3/4 days)	Contemporary dance theater master class	440 USD	340 USD
	Contemporary dance workshop (Mark Morris Dance Group Repertoire)	470 USD	370 USD
Conference (3 days)	Presentation, workshops, gala	480 USD	380 USD
Post-conference workshop (4 days)	Experiential workshop somatic, dance/movement therapy, drama therapy	790 USD	590 USD

- Reduction rates apply to overseas students and individuals not funded by institutions, contributors of presentations and workshops
- Early bird: 10% discount before April 1, 2019, only applies to standard rates
- Package discount: 10% for two modules or more

## Registration

Register online <https://www.eventbrite.com/e/caet-world-forum-tickets-56619445285> or send email to [conference@inspirees.com](mailto:conference@inspirees.com)

## Call for proposals

The call for papers and workshops submissions is now open (**Deadline 1 May 2019**) on the following topics in line with the theme of the Forum: Healing Soul through Arts - Connecting Eastern and Western Wisdom.

- Practice, education and research related to arts and health/wellbeing promotion
- The arts: poetry, dance, music, theatre, visual art (including calligraphy) - focusing on dialog and the relationship between the arts in the East and the West in both theory and practice. Traditional and contemporary art-making can be explored.
- The mind-body (somatic) relationship in different cultures, comparison of various healing methods, both traditional and modern; e.g., acupuncture, and the martial and meditative arts (e.g., Chi kung and Tai chi). Eastern and Western concepts of health and disease and how healing methods are related to these. Prevention and cure of disease.
- Buddhist and Taoist perspectives on the arts. Comparative philosophical approaches to aesthetics.
- Concepts of the person in different cultures - the senses, emotions, breath, consciousness and spirit-in relation to society, culture and nature.

## Types of contributions

### Presentation

The duration for oral presentations is **15 minutes** followed by **5 minutes** for a Q&A.

### Workshop

The duration for workshops is **75 minutes** which includes a Q&A.

## Submission

Please send your proposals by email to [conference@inspirees.com](mailto:conference@inspirees.com) with Full name, Affiliation, Title, Abstract (within 400 words), and Biography (within 200 words) with the indication of choices below.

	Presentation	Workshop
Laban and somatics	P1	W1
arts therapy in education	P4-1	W4-1
arts therapy in community	P4-2	W4-2
arts therapy in clinical	P5-1	W5-1
arts therapy in corporate	P5-2	P5-2

Submitting contributors will be notified of acceptance in due time. Accepted contributors will need to register and pay their fee (reduction fee) before being included in the programme.

## Sponsors and exhibitors

In order to support a number of colleagues who are not fully funded by institutions or who are students, we are seeking sponsorship. If your organization has funds that could be used for such support, we would be extremely grateful for your support!

We invite arts education and health organizations to apply to exhibit at the Forum. Your organization (schools, art centers, hospitals, publishers, service providers, etc.) will have the opportunity of full exposure to the potential students/customers, professionals and institutions in China and abroad over the three-day period. A dedicated area with tables will be available at the conference venue. The cost is **200 USD** per table space for exhibiting companies from Oct 1 to 3. Conference exhibitors must also have an accompanying registration.

We also accept donations from institutions, corporations and foundations which support the development of arts education and health in China. The donation amount is **1,000 USD**. They will be listed as the premier sponsors on the official website and manual of the Forum. There will be also opportunities of speech for the sponsors during the main event of the Forum.

We have limited space for sponsors and exhibitors, if your organization is interested, please us by email: [conference@inspirees.com](mailto:conference@inspirees.com)

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